



KERRISDALE FSC NEWSLETTER

ISSUE: WINTER 2021

"It takes a lot of patience and a lot of time to create something worthwhile."

- Elvis Stojko, Canadian Olympic Medallist



It has been a successful and busy fall season! A special thanks to our coaches for their continued enthusiasm and dedication, and to our skaters who show up and give it their all each session. Wishing all of our skaters and their families a wonderful holiday season, and a happy, healthy New Year!

A MESSAGE FROM MARGOT

After so many years as President, it is difficult to say farewell to the position I've loved for so long. I've met such outstanding people – including athletes from around the world, as being President gave me so many opportunities to work at events like the 2010 Olympics, World and National Championships, Grand Prix events and so many other exciting times. My heart was, and still is, with KFSC and every skater I've met over so many years has made me proud of this amazing 72-year-old club. Our coaches have always made this club a force to be admired in the skating world, and will continue to keep our spirit alive and thriving. Thank you parents, skaters and coaches for your many years of support and enthusiasm. I will never forget you all, and I will continue to "be around the rink" often. Happy Skating!

- Margot Delorme
President of KFSC for 31 years



COMPETITION RESULTS

Congratulations to all skaters who competed in their first competition since Covid! We had many first-time competitors and new competition levels for all. We would like to congratulate our Star 2 skaters with 8 golds and 1 silver, Star 3 skaters with 2 gold and 2 silver and our Star 4 and up skaters with Jade Holness earning the silver medal in Star 7 Ladies and Sofie Li earning a silver medal in Star 5 Girls U13. Great job to all and looking forward to new heights at the next competition!

COACH'S TIP

Stay active through the holiday break! Find the time to exercise and stretch to keep in shape and to avoid injuries upon our return.
– Coach Shannon Balabardin



THANK YOU
to the Club for providing KFSC masks to all Star 2-5+ skaters to proudly wear to competition. Thank you also to Liliya Herwig for coordinating!

CONGRATULATIONS

to Jade Holness: recipient of the Program Assistant award for the 2020/2021 season. Jade has been skating with KFSC for 12 years and Program Assisting with our CanSkate program for 4 years.



LIKE US ON FACEBOOK!

We encourage skaters and parents to like our *Kerrisdale Figure Skating Club* page, which we will be updating with pictures and relevant information.

COMPETITIVE SIMULATION DAYS

The Club hosted 2 simulation days this fall to allow skaters to perform their programs on clear ice prior to entering competition. Congratulations to everyone who participated. Scroll to the last page to see pictures of these events! Also, watch for news about the next simulation day coming in January.

HOLIDAY ICE!

Looking to keep your skills sharp over the holiday break? Check out our ice times for **Star Skate 2-5+** on December 19, 21, 22, 28 and 29 on the registration page of our site.

HIGH TEST RESULTS

The Club hosted an evaluator on December 12th to conduct high tests for our senior skaters. Congratulation to the following skaters who passed their tests!

Star 6 Elements

Kyra Uyeda
Jade Holness
Nina Tsai
Lisa Fan
Carmen Adrian
Polina Balabardina

Star 6 Program

Kyra Uyeda
Jade Holness
Nina Tsai
Polina Balabardina

Star 7 Elements

Kyra Uyeda
Jade Holness
Polina Balabardina
Nina Tsai

Star 7 Program

Kyra Uyeda
Jade Holness

Star 7 Skills

Kyra Uyeda

Star 9 Elem&Prog

Kolya Balabardin

Star 10 Elements

Celia Zhou



SAFETY REMINDERS

Zamboni: Please be sure to clear the ice quickly when the buzzer sounds at the end of the session to allow the ice person/Zamboni to start the flood.

Covid Safety Measures - UPDATE: Masks must be worn at all times in any public area inside the arena regardless of vaccination status by anyone **5 years** and older. Masks are not required when engaged in physical activity.

QUESTIONS? CONCERNS? PLEASE REACH OUT!

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Photos courtesy of Andre Wei.